

The Greystone Connection

A Monthly Newsletter

Building the Greystone Community Together!



NOVEMBER 2022

PUBLISHED BY: SUSAN SCHWEITZER & BILL NAEDLER

A MESSAGE FROM THE PRESIDENT

Dear Neighbors and Friends,

November is already here and, as we enter the month of November, we think of leaves turning colors and falling, Election Day, Veteran's Day and Thanksgiving.

Thanksgiving is one of America's most beloved annual holidays, falling on the fourth Thursday of November, and kicking off the "Holiday Season", which runs through New Year's Day. Thanksgiving is truly the most important of American holidays because, more than any other holiday, it is a time when American families reunite, express gratitude for one another, and feel closer to one another than at any other time.

The origins of Thanksgiving date back to 1621 when a group of English pilgrims from Plymouth, MA, shared a feast with a tribe of Native Americans to celebrate a plentiful harvest, but it wasn't until 1863 that Abraham Lincoln made Thanksgiving a national holiday. Thanksgiving brings back warm memories of family, friends, an over-abundance of food, turkey, stuffing, pumpkin pie and gaining a few pounds that will have to be part of the annual "New Year's Resolution". It is also associated with football, Black Friday, and the Macy's Thanksgiving Day Parade, ending with the arrival of Santa Claus to begin our Christmas season. Let us not forget, however, that there is much more to Thanksgiving than food, parades and other festivities. Instead of just sitting around the dinner table and thinking about, or saying, what we are thankful for, such as family, friends, the food we have before us, etc., we should also give thanks by doing something that makes our lives more meaningful and abundant. This does not mean by giving and sharing material things but by giving time and energy and sharing our talents with someone who really needs them and would appreciate this caring deed. This is not the first time that I have mentioned giving back by giving of oneself to others in need. Maybe help an elderly relative or friend or neighbor who needs someone to shop or needs a ride to the Dr., offer to take someone to the polls to vote, spend an hour with a neighbor who may be lonely by playing cards, crocheting or baking cookies. What you do to enrich the lives of others also enriches your life as well. Be thankful for all your blessings and give of yourself to others. This is the true meaning of Thanksgiving.

MONTHLY REPORTS TO THE COMMUNITY

From Hudson North Management

Ongoing and continued maintenance as follows....

- Boiler project is winding down with heat on as promised by October 15th. Work being done efficiently and with little inconvenience thanks to Keith and Max overseeing the project.
- Garage project is still underway and should be speeding up once the first and second levels, requiring the most work, have been completed.
- Pool will be drained once necessary repairs are made within the next week or so.
- Pool furniture has been collected and stored until the spring.
- Repairs and disinfecting ongoing.

All residents are asked to put any repairs needed in the work order book. The book will be checked daily, and work will be completed as soon as possible. In addition, if any resident notices a bulb out, a smoke alarm beeping, or any other issue in our public areas needing attention, please write it in the work order book so that it can be taken care of quickly. Your help is greatly appreciated.

MONTHLY FINANCIAL REPORT

The Greystone finances are in good standing. As we have two major projects underway and payment has been ongoing since the summer, we will have a better handle on our reserves after our final numbers come in at the end of the year report. At that time, we will also have our new budget for the coming year.





GREYSTONE COMMITTEES, ACTIVITIES AND EVENTS THE GREYSTONE READERS' CIRCLE



The Greystone Readers' Circle will take place on:

Rescheduled from October 25th

Date: Tuesday, November 1st

Time: 7:30 - 8:30 PM

Where: Via Zoom

Book: The Lincoln Highway: A novel

Author: Amor Towles

Eighteen-year-old Emmett Watson is driven home to Nebraska by the warden of the juvenile work farm where he has just served fifteen months for involuntary manslaughter. Emmett's intention is to pick up his eight-year-old brother and head to California where they can start their lives anew. Instead, they embark on a fateful journey to the City of New York.

"A #1 New York Times Bestseller"

All are WELCOME!

Why not join a Greystone Committee...

Thinking of how you can get more involved in our community? Check out the list of committees posted on the Board of Directors bulletin boards in the mailrooms.

Send your interest to president 1085@gmail.com and your name will be given to the chair of the committee.

GREYSTONE GARDEN

information provided by Rita Walton

The Garden Committee is getting ready to wrap up the 2022 gardening season. Right now, the Committee consists of Georgette Hortopan, Karen Levy, Pete McDonald, Diane Rosen, Michael Sabatino, and Rita Walton. We're happy to report that a latch gate has been installed in the south door fencing, which will make it much easier to get to the garden. Now that the season is over, we'll put away the tools, disconnect the hose, discard plants in containers and bins and do a general cleanup. Some plants should be planted now in this dormant season, and Henry Lesnick has planted milkweed (a primary food for butterflies) by the back fence. We'll look to see how it does next summer. Over the winter, the Garden Committee hopes to get together and do some planning for the 2023 gardening season. We hope to have an area of "Pick Your Own" vegetables and herbs that all residents can use, then an area for container gardening and also several raised beds for individual gardeners. We'll have more details later, so please keep an eye out for garden news.

NOVEMBER UPCOMING EVENTS



Election Day

This year Election Day falls on Tuesday, November 8th. Polls will be open from 6:00 AM – 9:00 PM. We're

voting for U.S. Senate, U.S. House of Representatives, Governor, Attorney General, Comptroller, State Senate, State Assembly, judges, and ballot proposals. Although a mid-term election, this is a very important one for New York State. There is also a proposition for the Clean Water, Clean Air, and Green Jobs Environmental Bond Act of 2022. Research who is running and study the proposal so that you are prepared when you go to the polls to vote. This is a very important election so be an informed citizen practice your right to vote on November 8th.





REMINDER: CHANGE YOUR CLOCKS

On Sunday, November 6th, it is that time again to move your clocks back to **Eastern Standard Time**. This begins at 2 A.M. on the first Sunday in November.

For those of you who hate the fact that the sun will set before 5 P.M. keep in mind that we change our clocks again back to Daylight Savings Time on Sunday, March 12th.

CONGRATULATIONS TO MEG BUSSERT

Let's congratulate Meg on the marriage of her son this past month. Meg reported the following...
"My son, Nicholas, called The Greystone home for over 10 years. On October 9 he and a lovely young woman, Andrea, were married at Terrace on the Park, Queens. He - a junior manager at Aptive Environmental. She - a newly minted Elementary Ed. teacher. It was a large and festive affair. ("Whew!!") says mom, Meg Bussert) We wish this couple a happy, healthy and long life together and Mom Meg much joy and happiness.

If any resident has something to share with The Greystone Community, please contact Bill or Susan to publish in the next issue of <u>The Greystone Connection</u>.

Veterans' Day

info provided by almanac.com/veterans-day

Veterans' Day always falls on November 11th, no matter what day it falls on. This year Veterans' Day is Friday, November 11th. Remember that Veterans Day is to honor the service of *all* Americans who have served, but particular the living veterans among us. Many of our vets stepped in harm's way on vour behalf. A cheery "Happy Veterans Day!" may not be fitting to a person who may have friends who died in combat. "Thank you for your service" may not be enough, but everyone knows and appreciates a kind word and, even better, an act of kindness. Here are some ways you can show vets that you appreciate the sacrifices they made....

• If you personally know a veteran (perhaps a relative, friend, or even a neighbor), reach out to them on Veterans Day with a phone call or visit! This is one opportunity to engage beyond just saying thank you. If they are comfortable discussing it, ask a vet where they served, where they were

- stationed, what specific jobs they did while serving, and so on.
- If you're not close to a veteran, write a thank you card and drop it off at a VA hospital.

HEALTH AND SAFETY UPDATES

Spectrum News, Devin Bates

The recent news talks about a "Tridemic" that is now being seen from coast to coast, with a triple threat – a sharp rise in patients battling the flu, COVID-19 and respiratory syncytial virus (RSV). This year, because of relaxing of the health regulations, prediction is that it will hit us hard. Medical experts are hoping that a mix of flu, RSV and COVID-19 cases won't overwhelm the health care system. RSV has symptoms very similar to the flu and COVID-19, including fever, runny nose and congestion and it's been spreading in schools and the workplace over recent weeks. For some patients like young children, older adults or the immunocompromised, RSV can potentially develop into more serious conditions like bronchitis or pneumonia, and over the next few months, there's likely to be an uptick in cases.

This is the first fall season since 2019 in which most people aren't masked up or distancing in schools or the workplace, so it's the perfect storm for a so-called 'tridemic'. Because everyone's immunity is down over the last few years, and because we haven't seen much RSV and flu, people are more susceptible now, according to doctors.

Let us not be complacent and be very careful to protect ourselves, our families and our neighbors and friends. Even though masks are no longer required, be safe and wear a mask indoors and when around crowds, get vaccinated, wash your hands and disinfect often, social distance and practice good health habits. We want everyone to be healthy and safe for the new year.



UPCOMING SPECIAL EVENTS

Planning for the following special events is now underway.

- Thanksgiving Food Drive As we have done each year for the past several years, we will kick off our annual Thanksgiving Food Drive from November 1st to the 19th to help local families in Yonkers. There will be drop-off boxes in the lobby for collection of non-perishable food that is appropriate for the Thanksgiving holiday dinner. Cranberry sauce, canned yams, stuffing mix, vegetables, rice, beans, pasta, etc. would be much appreciated. We will contact our councilwoman Tasha Diaz to pick up the contributions for distribution to our neighbors in need. During these difficult times, with food prices high and families struggling, your kindness and generosity will be greatly appreciated.
- Christmas Toy Drive Starting on December 1 to the 17th we will hold our annual toy drive. A box will be placed in the lobby, and it is requested that a new toy, game, for children from birth-12 be placed in the box. Do not wrap the gift so that they can be distributed properly according to age and sex of the child.
- Christmas Tree Lighting Ceremony
 - Sunday, December 4th at 6 PM
- ** Hanukkah Candle Lighting
 - Sunday, December 18th at 6 PM
- **Greystone Holiday Door Decorating Contest**
 - Registration at doorman station from November 19th to December 1st
 - Decorated by December 16th
 - Doors photographed December 16 17
 - Week of December19th residents judge door photos displayed in lobby and cast their vote

- in box provided (only one vote per apartment)
- Winners announced December 27th

ANNOUNCEMENTS IN NEWSLETTER

If you have an event, happening, milestone, celebration, etc. that you would like to share with your friends and neighbors please feel free to contact us at greystoneconnections@gmail.com and you will be published.

REMINDERS...

- ✓ When leaving for a day or even for a short vacation, please make sure that your thermostat is set at around 68 degrees. This will keep your apartment warm and make sure that there will be no problem of pipes freezing during your absence.
- It is very important that a labeled key to your apartment be left at the doorman's station to be locked in the office in case of an emergency that necessitates entry into your unit. There has never been an incident at The Greystone where someone was able to take a key and enter an apartment without permission, BUT there have been incidents where it was necessary to enter an apartment due to a flood, leak or other situation, a resident falling or taken ill and not able to get to the door for emergency services, or a resident being locked out of a unit, necessitating drastic action. Please check that a working key is left with the doorman and, if one is not already there, make a copy, label it with your apartment number and leave it with the doorman as soon as possible.





Wishing all in our community a Blessed and Peace filled Thanksgiving