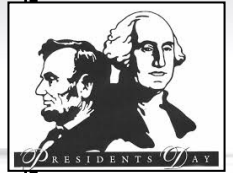




The Greystone Connection

A Monthly Newsletter

Building the Greystone Community Together!



A Publication for the Community by the Community

February 2025

Published by Susan Schweitzer and Bill Naedler

A MESSAGE FROM THE PUBLISHERS

Dear Friends and Neighbors,

Embracing the Spirit of February: A Month of Love, Resilience, and Growth

February, the shortest month of the year, often goes unnoticed as a fleeting bridge between the harshness of winter and the promise of spring. Yet, within its 28 (or 29) days lies a treasure trove of inspiration. February reminds us that even in the smallest stretches of time, we can find immense meaning, love, and growth if we choose to embrace them.

At the heart of February is Valentine's Day, a celebration of love in all its forms. While the day is often associated with romantic gestures, it carries a deeper reminder: love is a universal force that transcends relationships. It resides in the kindness of strangers, the laughter of children, and the quiet moments we share with ourselves. February inspires us to look beyond grand gestures and appreciate the small acts of love that surround us daily. A simple smile, a heartfelt thank-you, or a supportive word can create ripples of positivity that brighten the coldest of days.

But February is more than a month of love; it is a testament to resilience. For many, it is a challenging time—winter's chill lingers, daylight remains scarce, and the novelty of the new year begins to wane. Yet, February teaches us to persevere. It shows us the beauty of endurance, reminding us that even the bleakest winters eventually give way to spring. Each day is a step forward, a reminder that the challenges we face now are shaping us into stronger, more resilient versions of ourselves.

February also encourages us to dream. With spring just around the corner, the month becomes a time of quiet preparation. Farmers ready their fields, nature stirs

beneath layers of snow, and we, too, are called to sow seeds for the future. Whether it's setting new goals, nurturing relationships, or investing in personal growth, February invites us to reflect on what truly matters and take meaningful steps toward our aspirations.

Black History Month, celebrated in February, adds another layer of inspiration. It reminds us of the power of courage, determination, and unity in the face of adversity. The stories of trailblazers who fought for equality serve as a powerful example of how ordinary individuals can create extraordinary change. Their legacies inspire us to stand up for justice, challenge the status quo, and contribute to a brighter, more inclusive future.

Ultimately, February's brevity is its strength. It reminds us that time is precious and that even the shortest months can leave a lasting impact. It encourages us to live fully, to find beauty in the ordinary, and to cherish every moment.

As February unfolds, let it inspire you to love fiercely, persevere through challenges, and nurture your dreams. Embrace the lessons of this remarkable month and carry its spirit with you throughout the year. After all, greatness is not measured by the length of time but by the depth of meaning we bring to it.

Susan and Bill



WILL HE SEE HIS SHADOW?

FEBRUARY, A MONTH OF HOLIDAYS

February, though the shortest month of the year, is brimming with celebrations and special occasions. It is widely recognized as Black History Month, an annual tribute to the achievements of African Americans and a time to honor their significant contributions to U.S. history. Beyond this important observance, February hosts several other notable celebrations.

On February 2nd, we have Groundhog Day. According to tradition, if the groundhog emerges from its burrow and doesn't see its shadow, spring will arrive early. However, if it does see its shadow, the groundhog retreats, signaling six more weeks of winter. Let's hope for no shadow this year—an early spring would be a welcome treat!

February also honors historic birthdays, such as Abraham Lincoln's on February 12th and George Washington's on February 22nd, the latter celebrated as Presidents' Day on Monday, February 21st. Of course, February 14th is Valentine's Day, a time to express love and appreciation to those who matter most.

Additionally, sports fans will gather on Sunday, February 9th, for Super Bowl Sunday, one of the year's most anticipated events.

With so many significant dates, February truly has something for everyone. Let's make the most of this "Super February" by celebrating and showing love to the special people in our lives!

GREYSTONE COMMITTEES, ACTIVITIES, EVENTS

GREYSTONE HELPING HANDS COMMITTEE

During challenging times, it's important to know you're not alone. If you need a helping hand, whether it's someone to talk to, a friendly check-in to see how you're doing, or practical support with everyday tasks like filling out forms, grocery shopping, or running errands, we're here for you. Don't hesitate to reach out—we're ready to provide the care and assistance you need to make things a little easier.



New Volunteers: If you have a talent or skill you would like to share in assisting someone, please send an email to Bill at greystone1085bill@gmail.com. All requests are confidential and will be matched with any services needed.

SOCIAL EVENTS COMMITTEE

Bingo Night Extravaganza! 🎉

Get ready for an afternoon of fun, laughter, and friendly competition!

Join us for **Bingo Night** on **Sunday, February 16, at 5 PM** in the **Community Room**.

Bring your lucky charms and your best bingo skills—you won't want to miss this! Gather your friends and neighbors for an afternoon full of excitement and surprises.

See you there!

GREYSTONE COMMUNITY GARDEN

Info provided by Rita Walton



Garden activities happen even in winter! A gardener can read up on plants and start making plans on what to sow in the coming spring - or a gardener can plant winter plants, like evergreens or witch hazel that give interest to the garden even in wintertime. There are also some active outdoor garden events taking place in the area, like this one at Lyndhurst Museum: On Sunday, February 9, at 12 PM, the Tarrytown Environmental Advisory Council is sponsoring a winter seed sowing workshop and invasive vine removal demonstration!

Lyndhurst Museum is a Green Landscape Champion, leading the way in sustainable landscape practices that include on-site composting, leaf mulching, invasive vine removal and more.

There are so many invasive vines around - and it can be very difficult to remove some of them. This sounds like a great demonstration, and it might give local gardeners some good ideas.

Remember: If you are interested this coming spring in obtaining a half garden bed in the south yard, or are interested in getting a large container to plant in, please email ritajeanwalton@gmail.com and let her know of your interest.



February Open Board Meeting

Monday, February 10th at 7:00 PM

In person and Zoom

The link will be emailed to you.

THE GREYSTONE WALKERS

Info provided by Minda Finklestein

We usually walk MWF and occasionally Saturday at 8:30 AM

Usually our walk is into Hastings & back, sometimes on the aqueduct. About a 3.5-mile trek.

We walk all year round, except in rain or if it's icy.

Contact minda.chipurnoi@gmail.com for more information.

ALL ARE WELCOME!

***** 2025 BOARD ELECTIONS *****

Before you know it, the time to elect 3 new Directors to sit on the Board will be here.

PLEASE CONSIDER serving our community as a member of the Board of Directors. Any shareholder is eligible to run for a position on the Board for a term of 2 years. Dates of when resumes and annual meeting of elections to be held will be emailed by AKAM in March.

THE GREYSTONE READERS' CIRCLE

Info provided by Diane Rosen



The author, who spent ten years as a museum guard, has written a book that is a "...surprising, inspiring portrait of a great museum, its hidden treasures, and the people who make it tick, by one of its most intimate observers."

The Greystone Readers' Circle will meet on

DATE: Tuesday, February 18, 2025

TIME: 7:30 PM

PLACE: Community Room

BOOK: All the Beauty in the World: The Metropolitan Museum of Art and Me

AUTHOR: Patrick Bringley

Open to all Greystone residents. No registration required, just show up and enjoy a lively discussion. Looking forward to seeing you there.

SNACK N' SKETCH ART GROUP

Info provided by Rita Walton

The Sketch n Snack group had two sessions in January, one on January 9 and one on January 23. About 12 people attended each session, and they brought with them delicious snacks, wine, good humor and creativity!. For both of the January sessions, our resident artist, Tim Paige, gave presentations on the basics of sketching. Tim talked about perspective and the importance of measuring and preparing, especially in terms of painting or sketching portraits. Using examples of portraits and landscapes, Tim showed us how important proportion and placement are when executing artwork. Tim encouraged all of us to attend a drawing session with a live model and an instructor at some point.

It was great to learn some of the mechanics from Tim, and we hope to be able to put his pointers to good use. We'll be scheduling the date and location of the next Snack n Sketch, so keep checking your email and the bulletin boards for updates!

Happy sketching!

For more information contact Minda at minda.chipurnoi@gmail.com

ENVIRONMENTAL CONCERNS COMMITTEE

Info by Sue McAnanama



The City of Yonkers residents can now access Recycle Coach, free of charge, from their desktop computers, mobile devices, or through digital assistants like Amazon Alexa and Google Home. This free platform makes it easy and provides the following:

- Garbage and Recycling Schedule
- Receive weekly reminders for garbage and recycling collections
- Boost your recycling knowledge

A Few Tips to Make Things Easier for Our Staff

- **Cat Litter Disposal:** To prevent messes, always use **small wastebasket-size bags** for cat litter. If disposing of it down the chute, **double-bag it** for extra security.
- **Pizza Boxes & Recycling:** **Do not put pizza boxes in the compost bin.** Grease, cheese, and wax paper liners contaminate recycling. Only **empty and clean** pizza boxes should be recycled. **Partially Soiled Boxes:** If part of the box is dirty, **tear off the soiled section and discard it**, then recycle the clean portion with cardboard,

For further inquiries regarding your garbage, recycling schedule or questions if your address is not currently listed under the collection schedule, please [email the Yonkers Problem Solver](#).

Send suggestions to suemcananama@gmail.com

Thanks for helping keep things clean and efficient!

THE ASTROLOGICAL CHART OF THE GREYSTONE

Info provided by Sharon Deep

The Astrological Chart of The Greystone: February 2025

Looking at the astrological chart of The Greystone, which was constructed based on the working assumption that The Greystone was as if "born" on the day that the doors opened for an open house on 4 September 1971 (53 years ago).

In February, Jupiter (big and broad and beneficent and loving (good things come from Jupiter)) will continue to aspect the Greystone's Sun, Mars, and Uranus.

We might be inclined to see things from a different perspective.

Although our community meetings can prove to be a bit frustrating and fiery

That's our south node in Leo (we've all wanted to be heard) and our Chiron in Aries (the wounded healer from so many creative expressions being voiced)

With the roots of our chart in Sagittarius, we are inclined to direct our fiery frustration toward the support of a general concern for all members with a single eyed purpose of taking care of the Greystone, with each for all and all for each.

The energy of the Jupiter transit might incline us toward more of a positive poise, as we strive to understand various points of view (Jupiter is broad) while demonstrating the goodwill needed (Jupiter is beneficent) to maintain good working relationships.

So, let's hold a good thought for The Greystone, seeing the energy from Jupiter streaming down and around and through our cooperative.

And so it is.

DID YOU KNOW?

The History of Valentine's Day



Valentine's Day, celebrated on February 14th, has roots in ancient Roman and Christian traditions. It may have originated from *Lupercalia*, a Roman fertility festival held in mid-February. This pagan celebration was later replaced by a Christian feast day

honoring St. Valentine, a martyr whose exact identity is unclear.

One legend suggests Valentine was a priest who defied Emperor Claudius II by secretly marrying couples. Another story tells of Valentine sending a love note signed "From your Valentine" to a jailer's daughter before his execution.

During the Middle Ages, Geoffrey Chaucer linked Valentine's Day to romantic love in his poetry, sparking the tradition of exchanging love notes. By the 18th century, handwritten notes evolved into mass-produced cards, and Valentine's Day became a commercial celebration of love.

Today, it is a global holiday symbolizing love and affection, with traditions like gifting flowers, chocolates, and cards to loved ones.

THERE MAY BE UNCLAIMED MONEY WAITING FOR YOU

Info by Susan Schweitzer

Last year I saw a news blurb about billions of dollars in unclaimed money just waiting to be found. I was skeptical, but went to the website and put in my last and first name and hit "Search" and, of course, my name did not come up. So.....I told a family member about this andsuccess! She found her name and her address, clicked on her name, entered her info and submitted it and a few weeks later a check came to her in the amount of \$3000. She couldn't believe it! I then told my other relatives and friends and several did have money waiting for them....from \$50 up to several thousand. A few had money in more than one financial source, as well.

So, what a nice new year surprise it would be to get a check for money that belongs to you but that you didn't know you had! To claim your funds do the following...

- Go to osc.state.ny.us/unclaimed
- Enter your name - last and first (or the name of your organization)
- If you find a match, click on your name for more information. You will be directed to submit your claim online.

- There is no fee or charge to get your money. **THIS IS LEGIT!**

Money is waiting from bank accounts, dividends, estate proceeds, insurance benefits or refunds and policies, stocks, bonds, telephone, utility and security deposits, to name a few. There is also money from gift cards or returns from department stores that were never used or claimed. Check it out. You may be pleasantly surprised. Remember to also search using your maiden name, or the name of deceased relatives, etc., as there may be funds that were unclaimed and that will be sent to you if you provide a marriage license or proof of death in those situations. Good Luck!!! Hoping to hear that your search was a success!

REMINDERS...

✓ **Railroad Elevator**

The RR elevator does not automatically return to G5. Please remember to send it back after using it. This small action can make a big difference for someone trying to catch or missing a train, and it's the most considerate thing to do.

Thank you for being a good neighbor!

Notice to Residents

It has come to our attention that unbagged food is being placed in the compactor rooms. Please be reminded of the following:

- ✓ **All food waste must be securely tied in bags** before being disposed of down the compactor chute.
- ✓ Food waste should **not** be left in the recycling bins located in the compactor rooms.
- ✓ Your cooperation ensures a clean and hygienic environment for everyone. Thank you for your attention to this matter.

If you want to share your unity and appreciation of the community that is "the Greystone"... you can order a T-shirt with the motto "***Building the Greystone Community Together!***":

The shirts are all short sleeves, crew neck, and range from Small - 5X.

Your choice of shirt color.

The cost is \$17.40, which includes tax and shipping.

It takes several weeks to arrive.

Please find order forms at the front desk, or feel free to email Rachel at RachelLevine55@gmail.com

