



The Greystone Connection

A Monthly Newsletter

Building the Greystone Community Together!

Since 2017

A Publication for the Community by the Community



April 2025

Published by Susan Schweitzer and Bill Naedler

Strength in Unity:

Building The Greystone Community Together! Strength, Care, and Community Unity

A strong community is built not just on structures but on the shared values of care, collaboration, and resilience. As we face economic hardships, social changes, and unforeseen challenges, it is our collective effort that determines how we move forward. Just as a building requires maintenance to stand the test of time, a community must be nurtured through active participation, shared responsibility, and a commitment to coming together.

Caring for our spaces is more than just a duty—it is an investment in our future. Our building serves as places of gathering, reflection, connection and most of all, **OUR HOME**. By sharing resources and building our reserve, we ensure that these spaces remain strong and welcoming for generations to come. When we take care of what we have, we reinforce the idea that our community is worth preserving. More than bricks and mortar, these buildings represent the heart of our home, the place where memories are made, and relationships are strengthened.

However, maintaining physical spaces is only one part of the equation. A thriving community is defined by the relationships between its members. Coming together for community events fosters a sense of belonging and purpose. Whether it is social events, holiday celebrations, adhering to our house rules, or a gathering to discuss shared concerns, these moments strengthen the bonds that connect us. They remind us that we are not alone in our struggles or our successes. They offer opportunities for collaboration, understanding, and shared joy.

April, a month of renewal, serves as a powerful reminder that growth follows hardship. Like the changing seasons, challenges will come and go, but how we respond defines us. Just as spring rain nourishes the earth, adversity can bring communities closer together when faced with determination and unity. By pooling our resources, offering support to one another, and making conscious efforts to engage, we can ensure that no one is left behind.

Moreover, building a reserve—whether financial, emotional, or through shared knowledge—creates a foundation of security. A well-prepared community can weather difficult times more effectively. By planning ahead, setting aside resources, and maintaining open communication, we can ensure that we are always ready to face challenges together. This reserve is not just about money or materials; it is about cultivating a spirit of generosity, knowing that when one member of the community struggles, others will step in to help.

Caring for our spaces and fostering togetherness is an ongoing effort. It requires consistency, patience, and dedication from every member. But the rewards are invaluable: a stronger, more connected, and more resilient community. We must all play our part—whether by volunteering, supporting local initiatives, or simply showing up for one another. Together, we will share, build, and care—not just for our collective community, but for the people who bring them to life.

By embracing this shared responsibility, we ensure that our community is not only maintained but strengthened. The future is built today, through our actions, our unity, and our commitment to one another.

Susan and Bill



WEEKEND THINGS TO DO IN YONKERS

Yonkers, New York, isn't just any city—it's where the safety elevator and FM radio were born! Once an industrial powerhouse, it's now a vibrant mix of culture and innovation.

Yonkers, nestled in Westchester County, NY, has a rich history dating back to 1646. Founded by the Dutch, it's named after John Yonker, who started a ferry service between Manhattan and what is now Yonkers. Today, Yonkers is home to about 207,657 people, according to the 2023 census.

We have many historical and beautiful sites so close to us why not check them out this spring...

- **Philipse Manor Hall State Historic Site** is a historic house museum located in the Getty Square neighborhood of Yonkers, New York. Originally the family seat of Philipse Manor, and later Yonkers city hall, it is Westchester County's second oldest standing building after the Timothy Knapp House.
- **Lenoir Mansion and Preserve.** There is a nature center and the remains of the old estate, as well as a butterfly and hummingbird garden.
- **Empire City Casino.** If you're in the mood for some excitement, head over to the **Empire City Casino**. Located at Yonkers Raceway, the **casino** boasts over 5,000 games and slot machines.
- **Untermeyer Park and Gardens** is a historic 43-acre city public park, located in Yonkers, New York in Westchester County, just north of New York City. The park is a remnant of Samuel Untermeyer's 150-acre estate "Greystone".
- **Hudson River Museum** is for Art lovers and history buffs, this one's for you. The Hudson River Museum has it all: Fascinating exhibits, engaging planetarium shows, an outdoor amphitheater for performances. Nestled in a former Victorian home, it's like stepping back in time while enjoying world-class art. You could easily spend hours here and still want more.
- **Science Barge:** A floating farm that's as cool as it sounds—definitely a unique spot you won't forget.

EARTH DAY

On Tuesday, April 22, the world will be celebrating Earth Day. Earth Day is an annual event that is held on April 22 to demonstrate support for environmental protection. It was first held on April 22, 1970, and is now coordinated globally by EARTHDAY.ORG and includes over 1 billion people in 193 countries and a wide range of events. This year the theme of Earth Day is OUR POWER - OUR PLANET inviting everyone around the globe to unite behind renewable energy and to triple the global generation of clean electricity by 2030. This can be done by educating,

advocating and mobilizing - TAKING ACTION to support these efforts on Earth Day and every day.

GREYSTONE COMMITTEES, ACTIVITIES, EVENTS

GREYSTONE HELPING HANDS COMMITTEE

During challenging times, it's important to know you're not alone. If you need a helping hand, whether it's someone to talk to, a friendly check-in to see how you're doing, or practical support with everyday tasks like filling out forms, grocery shopping, or running errands, we're here for you. Don't hesitate to reach out—we're ready to provide the care and assistance you need to make things a little easier.



New Volunteers: If you have a talent or skill you would like to share in assisting someone, please send an email to Bill at greystone1085bill@gmail.com. All requests are confidential and will be matched with any services needed.

SOCIAL EVENTS COMMITTEE

Spring Arrives At The Greystone

On Sunday, April 27th, our Spring Event will take place in the Community Room from 4 - 7 PM. There will be activities for the kids, as well as BINGO for all, and a visit to the garden, weather permitting. Plans are still in the process and there will be a sign-in sheet at the doorman's station to record how many adults and how many kids will be attending so that we can plan our activities accordingly. We hope that you take a break from your daily routine and come to the CR for a few hours to gather with your friends and neighbors and enjoy. Bring a treat to share and help us welcome spring at The Greystone. All are invited to attend!

St. Patrick's Day Pot O' gold Party!

On Sunday, March 16th, a group of residents gathered in the Community Room to celebrate St. Patrick's Day. It didn't matter our backgrounds, as all who attended were honorary Irish on this afternoon. We enjoyed Irish Soda Bread with Kerry Gold butter, delicious pastries, and home-baked and bought snacks provided by those who attended. There were fun activities relating to St. Patrick's Day for the kids, as well as the adults, and we did related word searches and St. Patty's Day trivia. Howard Schatz, at the keyboard, played while we sang some old Irish favorites such as Danny Boy and When Irish Eyes Are Smiling. A fun afternoon was held by all who attended, and we hope to see even more residents attending our next event - The Greystone Welcome to Spring celebration. Remember.... The kids are welcome, and we hope to see more kiddies at these events.



Open Board Meeting

Monday, April 14th at 7:00 PM
In person and Zoom
The link will be emailed to you.

THE GREYSTONE WALKERS

Info provided by Minda Finklestein

Join in a walk every Tuesday and Thursday at 8:30. AM.
The group meets in the Lobby.
Usually our walk is into Hastings & back, sometimes on the aqueduct. About a 3.5-mile trek.
We walk all year round, except in rain or if it's icy.
Contact minda.chipurnoi@gmail.com for more information. *ALL ARE WELCOME!*

GREYSTONE LECTURE SERIES

info provided by Sharon Olang



Downsizing and Decluttering: You Can't Take It with You—

Thank you Sharon and Todd who presented this lecture. The lecture was well attended and very informative of how to approach decluttering our lives especially as we begin Spring cleaning!

Watch for upcoming lectures presented by AARP on the bulletin boards. While it may seem these lectures are for Seniors you can be assured the information is good for all ages.

GREYSTONE COMMUNITY GARDEN

Info provided by Rita Walton



We're looking forward to getting back into the garden, after this long winter!

Gardening can be soothing for the body and mind. It brings us closer to nature and closer to the processes of life and creativity.

As writer and neuroscientist Oliver Sacks wrote in his book Everything in Its Place: First Loves and Last Tales, "As a writer, I find gardens essential to the creative process; as a physician, I take my patients to gardens whenever possible. In forty years of medical practice, I have found only two types of non-pharmaceutical "therapy" to be vitally important for patients with chronic neurological diseases: music and gardens... I cannot say exactly how nature exerts its calming and organizing effects on our brains, but I have seen in my patients the restorative and healing powers of nature and gardens, even for those who are deeply disabled neurologically. In many cases, gardens and nature are more powerful than any medication."

"All of us have had the experience of wandering through a lush garden or a timeless desert, walking by a river or an ocean, or climbing a mountain and finding ourselves simultaneously calmed and reinvigorated, engaged in mind, refreshed in body and spirit. The importance of these physiological states on individual and community health is fundamental and wide-ranging."

We look forward to sharing the benefits of the Greystone garden with the community!

Thank you!



THE GREYSTONE READERS' CIRCLE

Info provided by Diane Rosen



Meeting on:

DATE: Tuesday, April 15th
TIME: 7:30 PM
PLACE: *Now that the weather is warmer, we will be meeting back in the*

Community Room.

BOOK: *James*

AUTHOR: Percival Everett

This book is a retelling of Huck Finn from the perspective of Huck's traveling companion, Joe. The book group is open to all Greystone residents. While some residents have been coming to discussions for the 11 years the book group has been in existence, others choose to come when a particular book is of interest. *All are welcome.*

LIBRARY

Info provided by Diane Rosen



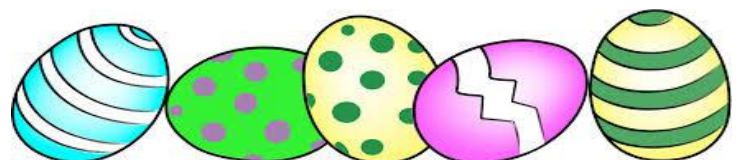
The Greystone Library is a cozy space with an eclectic selection of books, including fiction, non-fiction, cookbooks, biographies, books for children and teens. You will also find current magazines and newspapers.

Stop in and relax while you wait for your laundry, take a break from screens and catch up on news in print, add a few pieces to the current jigsaw puzzle at the community puzzle table, or sit in a comfy chair and read to a child.

Donations are welcome; without them the Library would not exist. The Library is tended by resident volunteers, so if you have books you would like to share, please be considerate and limit your donations to 10 or less books or current magazines in good condition. Please, no manuals, textbooks, coffee table books, books that are yellowed, dirty or damaged.

Unfortunately, there is no WIFI in the Library at this time. Make your wishes known to the Board if you would like to see WIFI extended to the Library.

Happy reading!



SKETCH N' SNACK

Info provided by Minda Finklestein



The Sketch N' Snack group will be meeting on Thursday, April 3rd in the Library. The Sketch N' Snack Group meets every other Thursday.

ALL ARE WELCOME!

ENVIRONMENTAL CONCERNS COMMITTEE

Info by Sue McAnanama



The environmental concerns committee has been putting together a list of how to recycle everything for the residents of The Greystone. But much to our delight technology has prevailed once again.

There is now an app that is supported by the city of Yonkers that you can get for your phone called RecycleCoach.

This app enables you to search for any item you might be wondering about how to [recycle!](#)

We are hoping we can connect this to our new building link system sometime in the near future.

And remember, please do not put any batteries in the garbage they should be left with the recycle items and our staff will sort them out for special Recycling.

Thanks for helping keep things clean and efficient!



*Wishing
Peace and Goodness
to all our neighbors
who are Celebrating
Religious Holy Days
this month.*

APRIL RELIGIOUS HOLIDAYS

- **Saturday, April 12 – Sunday, April 20:** Passover (Judaism)
- **Sunday, April 13:** Palm Sunday (Christianity)
- **Thursday, April 17:** Maundy Thursday (Christianity)
- **Friday, April 18:** Good Friday (Christianity)
- **Sunday, April 20:** Easter/Pascha (Christianity)
- **Wednesday, April 23 – Thursday, April 24:** Yom HaShoah/Holocaust Remembrance Day (Judaism)

Open Board Meeting Dates:

Community Room, 7:00 PM.

- April 23 – Meet the Candidates Night
- May 12 – Annual Meeting and Elections
- July 14
- September 8
- November 10

Although the open board meetings will be held every other month, at those times when there are special projects or the need to discuss issues with the shareholders, a special meeting for this purpose will be scheduled. In addition, if you have a question or issue or concern that you would like to discuss with the BOD, please email Bill at Greystone1085bill@gmail.com, who will be happy to bring it up at the next closed meeting or will meet with you personally to discuss it. Your voice is important to us and there are many opportunities for you to be heard.

If you want to share your unity and appreciation of the community that is "the Greystone"...you can order a T-shirt with the motto "*Building the Greystone Community Together!*":



The shirts are all short sleeves, crew neck, and range from Small - 5X.

Your choice of shirt color.

The cost is \$17.40, which includes tax and shipping.

It takes several weeks to arrive.

Please find order forms at the front desk, or feel free to email Rachel at RachelLevine55@gmail.com

